

## SIDES TO ORDER EXTRAS

<b>RICE</b>	<b>R 15.00</b>
<b>VEGETABLES OF THE DAY</b>	<b>R 15.00</b>
<b>SAMP (when available)</b>	<b>R 15.00</b>
<b>MASH</b>	<b>R 15.00</b>
<b>SAUCES</b>	<b>R 15.00</b>
Mushroom, Pepper, Cheese, Peri-Peri, Garlic	

## LIGHT MEALS

Only available from 10am to 16pm

<b>BBQ CHICKEN OPEN SANDWICH</b>	<b>R 49.00</b>
Tender Chicken slices with mayonaisse dressing.	
<b>SMOKED SALMON OPEN SANDWICH</b>	<b>R 65.00</b>
Served on fresh Lettuce with tomato, onion & Pinky Sauce	
<b>VEGETARIAN &amp; SWEET CHILLI WHOLE WHEAT WRAP</b> 	<b>R 65.00</b>
Onion, Peppadew, Mushroom served between wrap & chips	
<b>CHEESE TOASTIE</b>	<b>R 39.00</b>
Your choice of white or brown bread and served with fries	
<b>CHEESE &amp; TOMATO</b> 	<b>R 45.00</b>
Your choice of white or brown bread and served with fries	
<b>HAM, CHEESE &amp; TOMATO</b>	<b>R 49.00</b>
Your choice of white or brown bread and served with fries	
<b>CHICKEN MAYO</b>	<b>R 49.00</b>
Your choice of white or brown bread and served with fries	
<b>BACON, EGG &amp; CHEESE</b>	<b>R 55.00</b>
Your choice of white or brown bread and served with fries	



## BREAKFAST

Only available from 10am to 11h30am

<b>LIGHT BREAKFAST</b>	<b>R 33.00</b>
1 Vienna, 1 Slice of Bacon, 1 Egg, Mushrooms, 1 Slice of White or Brown Toast	
<b>MEDIUM BREAKFAST</b>	<b>R 39.00</b>
4 Slices of Bacon, 1 Egg, Mushrooms and 1 slice of White or Brown Toast	
<b>OCEAN SIZZLER BREAKFAST</b>	<b>R 55.00</b>
2 Sizzling Pork Bangers, 2 Slices of Bacon, 2 Eggs, Mushrooms and 1 White or Brown Toast	
<b>RISE AND SHINE BREAKFAST</b>	<b>R 65.00</b>
100g Boerewors, 2 Slices of Bacon, 2 Eggs, Mushroom & 2 slices of White or Brown Toast	
<b>HEALTH BREAKFAST</b>	<b>R 40.00</b>
Fresh Fruit Salad served with plain Yoghurt & Swiss Muesli	

## BREAKFAST EXTRAS

Only available from 10am to 11h30am

<b>EGG</b>	<b>R 5.00</b>
<b>EXTRA TOAST</b>	<b>R 4.00</b>
<b>MUSHROOM</b>	<b>R 12.00</b>
<b>BEEF PATTY</b>	<b>R 30.00</b>
<b>PLATE OF FRIES</b>	<b>R 10.00</b>

## BEVERAGES

<b>Milkshake small</b>	<b>R 18.00</b>
<b>Milkshake large</b>	<b>R 27.00</b>
<b>Berry Smoothie</b>	<b>R 35.00</b>
<b>Filter coffee</b>	<b>R 18.00</b>
<b>Green tea</b>	<b>R 17.00</b>
<b>Mango/Apple tea</b>	<b>R 17.00</b>
<b>Five roses tea</b>	<b>R 17.00</b>
<b>Rooibos tea</b>	<b>R 17.00</b>
<b>Don pedro</b>	<b>R 25.00</b>
<b>Milo</b>	<b>R 25.00</b>
<b>Hot Chocolate</b>	<b>R 25.00</b>
<b>Cappuccino</b>	<b>R 25.00</b>
<b>Irish coffee</b>	<b>R 29.00</b>
<b>Espresso</b>	<b>R 15.00</b>
<b>Double Espresso</b>	<b>R 20.00</b>
<b>Soft drinks</b>	<b>R 16.00</b>

# THE OCEAN Sizzler RESTAURANT

TEL: 035 590 1554  
CELL: 082 682 9974

KITCHEN ORDERING TIMES  
10H00AM TO 21H00PM

## STARTERS

<b>FOCCASIA</b>	<b>R 29.00</b>
Thin crispy flatbread lightly covered with olive oil, organum, garlic, oven baked	
<b>CHICKEN LIVERS</b>	<b>R 59.00</b>
Fried with onions and green peppers in a creamy peri-peri sauce Available hot or mild	
<b>CREAMY SNAILS</b>	<b>R 69.00</b>
Six snails in a creamy garlic sauce. Served with brown bread	
<b>PRAWN COCKTAIL</b>	<b>R 49.00</b>
6 Princess Prawns, grilled and served on a bed of Lettuce and drizzled with a tangy 1000 Island Sauce	
<b>CRUMBED MUSHROOMS</b> 	<b>R 39.00</b>
Served deep fried with Tartare sauce	
<b>CALAMARI RINGS</b>	<b>R 49.00</b>
Lightly covered with crumbs and deep fried. Served with Tartare sauce	
<b>SOUP OF THE DAY</b>	<b>R 49.00</b>
Please ask your waiter for our soup of the day, served with a bread roll	
<b>CHEESY GARLIC ROLL</b>	<b>R 29.00</b>
Oven Baked with Mozzarella Cheese	



## SALADS

<b>TUNA SALAD</b>	<b>R 65.00</b>
Shredded Tuna on a bed of lettuce with tomato, onions green peppers and 1000 Island Sauce	
<b>SMOKED SALMON SALAD</b>	<b>R 79.00</b>
Smoked Norwegian Salmon slices on green salad and served with 1000 island sauce	
<b>GRILLED CHICKEN SALAD</b>	<b>R 65.00</b>
Grilled BBQ Chicken pieces on green salad and served with mayonaisse	
<b>BACON &amp; FETA SALAD</b>	<b>R 65.00</b>
Grilled Back Bacon and Feta served on a bed of crispy lettuce with green pepper tomato & onion	
<b>GREEK SALAD</b>	
Fresh Crispy green salad with feta and olives	
<b>SIDE</b> (1 person as side dish)	<b>R 29.00</b>
<b>FULL SIZE</b> (1-2 persons)	<b>R 49.00</b>
<b>FAMILY SIZE</b> (4-6 persons)	<b>R 69.00</b>
<b>CALAMARI SALAD</b>	<b>R 69.00</b>
A Choice of Fried or Grilled Calamari on a bed of lettuce Tomatoes, Green Peppers & Tartare sauce	

## SEAFOOD PLATTERS

### PLATTER FOR ONE R 159.00

Fish Fillet (Hake), ordered grilled or fried, with 6 prawns and 4 mussels in a creamy sauce with added calamari rings  
Served with chips and rice

### PLATTER FOR TWO R 279.00

Two Fish Fillets (Hake), ordered grilled or fried, with 10 prawns and 8 mussels in a creamy sauce with added double portion calamari rings  
Served with chips and rice

### QUEEN PLATTER R 519.00

8 Queen prawns, 8 Mussels, 4 King prawns, 2 Dorado, 2 portions Calamari  
served with rice, chips & garlic butter

### KING PLATTER R 739.00

12 Queen prawns, 12 Mussels, 6 King Prawns, 2 Lobsters, 2 hake, 2 Portions Calamari  
served with rice, chips & garlic butter



## SURF & TURF COMBO'S

### RUMP & PRAWNS R 169.00

350G Rump Steak and 6 Prawns

### FILLET & PRAWNS R 179.00

250g Fillet Steak and 6 butterflied prawns

### 1/2 CHICKEN & PRAWNS R 135.00

Half Chicken (BBQ or PERI PERI) and 6 grilled butterflied prawns

### HAKE & PRAWNS R 109.00

Fish (Hake) Fillet with 6 grilled butterflied prawns

### HAKE AND CALAMARI R 87.00

Grilled or crumbed fish (hake) Fillet with calamari rings

### CHICKEN FILLET AND PRAWNS R 109.00

Grilled BBQ basted Chicken Fillet with six butterflied prawns served with your choice of sides

### CHICKEN FILLET AND RIBS R 109.00

Grilled BBQ basted Chicken Fillet with BBQ spare ribs

### CALAMARI & CHICKEN FILLET COMBO R 99.00

Grilled or Fried Calamari with Grilled BBQ Chicken Fillet served with your choice of sides



## FRESH FROM THE OCEAN TO YOUR PLATE

### GRILLED KINGKLIP R 149.00

Grilled with lemon and garlic butter

### KINGKLIP ELGREGO R 169.00

Steam grilled and oven baked in a foil parcel with calamata olives, tomatoes and feta cheese

### LINE FISH OF THE DAY R 95.00

Ask your waiter for our catch of the day

### FISH (HAKE) FILLET R 59.00

Served grilled with lemon butter sauce or crumbed and deep fried

### CALAMARI RINGS R 75.00

Grilled with Cajun spice or crumbed and deep fried

### SOLE R 179.00

Dressed West Coast Sole grilled and oven baked with lemon and garlic butter

### DORADO R 99.00

Lightly flour dusted, grilled to perfection

### PRAWNS R

Butterflied and grilled with our secret blend of spices and lemon and garlic butter

### 12 OCEAN R 109.00

### 1/2KG OCEAN R 159.00

### 6 QUEEN R 85.00

### 12 QUEEN R 149.00

### 6 KING R 175.00

### 12 KING R 319.00



## SPECIALITY DISHES

### MOUSSAKA R 79.00

Classic Greek dish with cinnamon spiced ground beef, potatoes and brinjal. Topped with a cheesy bechamel sauce.

### SUVLAKI R 119.00

Two marinated grilled Pork Kebabs served with pita bread, tzatiki and fries

### EISHBEIN R 109.00

Crispy Eishbein served with Rice & Gravy, with Sauercraut and mustard

### CHICKEN SCHNITZEL R 89.00

Chicken Fillet, crumbed and deep fried and served with a Mushroom or Cheese Sauce with a choice of Rice, Veggies or Chips

### SOUTH AFRICAN POTJIE R 95.00

Slowly cooked beef or venison with vegetables and red wine. Served on a bed of samp or rice

### PORK CHOPS R 95.00

Marinated Pork chops served with mash & gravy and vegetables of the day

### SPANAGOPITA R 109.00

6 Greek Phyllo Spinach Pies served with chips and salads



## PASTA

All pastas are oven baked with mozzarella cheese topping. Served on a bed of penne pasta, cooked perfect al dente

### VEGETARIAN R 65.00

Mediterranean stir fried vegetables fried with our bolognaise sauce.

### BOLOGNAISE R 69.00

Classic beef mince & bolognaise sauce

### ALFREDO R 69.00

Ham, mushroom & cream

### SEAFOOD R 75.00

Fish, Grilled Prawns, Crab Sticks, Calamari and mussels in a tasty cream based sauce

### CHICKEN R 69.00

Succulent Chicken fillet in a creamy sauce

## PIZZA

Thin base and oven baked with mozzarella cheese and oregano

### MARGARITA R 59.00

Classic Garlic & Cheese

### HAWAIIAN R 69.00

Ham, Pineapple and Cheese

### FOUR SEASONS R 79.00

Ham, Salami, Mushroom, Olives & Cheese

### BACON AND FETA R 84.00

Bacon, Feta Cheese, Green Pepper Pineapple & Mozzarella Cheese.

### CHICKEN PIZZA R 84.00

Chicken, Mushroom, Greenpeppers & Cheese

### MEXICAN R 85.00

Ground Beef in Bolognaise sauce with onions Green Peppers, Pepperdews, Jalapenos and cheese. Served hot or mild

### GREEK R 84.00

Spinash, Olives, Feta Cheese, Garlic & Mozzarella Cheese

### VEGETARIAN R 69.00

Stirfried onions, Mixed peppers, mushrooms, pepperdew, garlic & Mozzarella Cheese

### SEAFOOD R 85.00

Fish, Mussels, calamari, crab sticks, shrimps and mozzarella cheese

### BOREWORS R 79.00

BBQ base with boerewors pieces and onions topped with Mozzarella Cheese

### BILTONG R 89.00

Traditional South African Biltong slices with Garlic, and BBQ Basting and Mozzarella Cheese

## BURGERS

### PLAIN BEEF R 59.00

100% beef burger with fries and served with our special relish

### CHEESE BURGER R 69.00

100% Beef Burger with melted cheese topping. Served with fries and relish

### CHICKEN BURGER R 59.00

Grilled BBQ Chicken Fillet. Served with fries and mayonaise

### VEGGIE BURGER R 59.00

Crumbed Sweetcorn, Potato, Carrot & Peas Burger served with mushrooms sauce, caramelized onions and fries

### DOUBLE TROUBLE R 96.00

Two 150g Beef Burger patties, served with fries and relish

### DOUBLE CHEESY MELT R 105.00

Two 150g Beef Burger patties, with melted cheese topping. Served with fries and relish

